



20 March 2025

Dear Parent/Carer

Dr Aric Sigman Talk and iPad settings

Thank you for those who attended the Aric Siegman talk on managing recreational screen time, we hope that you found this useful. We apologise for the delay in getting back to you. This has been caused by the need to complete some background work with software explained in this letter.

In school, the additional settings which are blocked by school and are in place all times both in school and at home are:

- iMessage, Airdrop, Siri suggestions, proximity setup with nearby devices, adding VPN connections, installing management configuration profiles, removing system apps (inbuilt iOS apps), explicit iTunes/music/podcasts, erotica content in Apple Books.
- We also enforce the profanity filter, safari content filter, authentication before autofill, automatic date and time.

Screentime (general setting and screen distance)

Unfortunately, we cannot enforce screentime to be on any of its settings. This does, however, exist on the iPad and is very useful for the areas Dr Siegman mentioned. Students/families can ensure this is switched on and this will be something we check when undertaking iPad checks in school. This setting enables you as parents and us to see how much time is being spent on specific apps each day/week. It is important to note that this does, however, count if the app is open on the iPad, even when not actively in use.

The screen distance function is an alert, which will make the user aware if they are too close to their iPad, to protect their vision. Your help in supporting us by ensuring this is switched on for all students, would be much appreciated.

Games

As a school we block individual apps and games websites which blocks it for all students, but we have to do each one individually. If we block an individual game that is an app then if the student downloads the game again it will disappear from the iPad as soon as it finishes downloading. Students cannot download games or apps when in school on the Learning network, but they are able to download them at home via WiFi. We check for games during iPad checks and any installed games will be asked to be removed.

In addition to this, we can action specific additional restrictions, for example, when there has been iPad misuse or a breach of the Acceptable Use Policy. We also work with some parents individually where an issue has been identified, which parents would like support with. This can be done as a measure on the school's part rather than the parent, especially if there is a breach of the Acceptable Use Policy.

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Jamf Parent

One of the reasons for the slight delay in responding to parents, is that we have been setting up additional systems in the background and trialling these in school.

Jamf Parent is an app that allows you to manage your child's/children's school-issued device. Using Jamf Parent, you can restrict and allow apps and device functionality on your child's/children's devices. We would like to ask for some parents to trial the app. If you would like to be involved with a trial of this app to provide feedback on ease of use and functionality, please complete [this form](#) by Monday 24 March.

This guidance will then shortly be issued to all parents/carers as the app is now available on all iPads in school.

Dr Aric Siegman Talk

We have attached the handout from Dr Aric Sigman as promised, which refers to **non-homework discretionary screen time** including TV, smart phone, computer games, YouTube entertainment, TikTok and use of social media. It **does not** mean reading a book on a Kindle/tablet or doing homework on the iPad.

We appreciate that the use of technology and devices brings challenges as well as many benefits and we want to work with you to support appropriate use of the student iPad. If you feel your child is struggling to manage their iPad use appropriately, do get in touch with your child's [year manager](#) to discuss solutions. This can be done discreetly, from a school perspective, without your child believing you have asked for any additional restrictions.

Yours sincerely,



Mrs Moat
Associate Headteacher



Miss Smith
Deputy Headteacher