

FOOD

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SUBJECT: Food Preparation and Nutrition

What exams will I take in the Summer Term?

Exam Board: AQA

Paper Name	Topics	Time of paper
Written Tuesday 17 June	Food, Nutrition and Health · Food Science Food Safety · Food Choice · Food Provenance	1h 45

Support in school:

Drop-in revision sessions:

- Monday lunchtimes and after school – D03 (lunchtime) and D07 (after school)– all students can attend
- Tuesday lunchtimes – D03 - all students can attend
- Thursday lunchtimes – D03 - all students can attend
- Friday lunchtimes – D03 - all students can attend



Our Year 11 plan, including key dates and topics

TERM 1	TERM 2	TERM 3
NEA Release dates: 1 September – Task One	Food Preparation Task: Planning: Section B - 10 February Section C - 10 February Final deadline: Section A, B and C: Practical Exam Date	Revision: Food, nutrition and health: Macronutrients Micronutrients Nutritional needs and health Food Science: Cooking of Food and Heat Transfer Functional and chemical properties of food Food Safety: Food spoilage and contamination Principles of food safety Food Provenance: Environmental impact and sustainability of food Food production and processing Food Choice: Factors affecting food choice British and International cuisine Sensory evaluation
Food Preparation Task: Research and planning 20 Hours 20 A4 sides 35% of final GCSE Section A Deadline: 19 December	Practical Exam: 10, 11, 12 and 13 February 3 Hour Practical Exams Section D and E - 18 March	Revision: Food, nutrition and Health: Macronutrients Micronutrients Nutritional needs and health Food Science: Cooking of Food and Heat Transfer Functional and chemical properties of food Food Safety: Food spoilage and contamination Principles of food safety Food Choice: Factors affecting food choice British and International cuisine Sensory evaluation
Assessed practical dates: 17 December – Section B 14 January – Section B 28 January – Section B Exam week - w/c 10 February		

Week 1: w/c 24 February 2025

You MUST do	✓	RAG
Complete the showbie assignment extensions for this week's topic including making flashcards, mindmaps or other revision resources that work for your learning style.		
Use the AQA written exam content RAG sheet (from your showbie folder) to annotate which elements of this topic are a strength or require more revision.		

You SHOULD do	✓	RAG
Complete the section of the revision guide and workbook that links to this week's topic. The revision guide and workbook can be found in your showbie folder.		

You COULD do	✓	RAG
Use BBC Bitesize to test your knowledge, focus on our topic this week.		
Use Seneca to self-test, focus on our topic this week.		
Complete a past paper focussing on questions that relate to our chosen topic. Past paper questions can be located in your showbie folder. Use these papers to extend your answers.		

Week 2: w/c 3 March 2025

You MUST do	✓	RAG
Complete the showbie assignment extensions for this week's topic including making flashcards, mindmaps or other revision resources that work for your learning style.		
Use the AQA written exam content RAG sheet (from your showbie folder) to annotate which elements of this topic are a strength or require more revision.		

You SHOULD do	✓	RAG
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You COULD do	✓	RAG
Use BBC Bitesize to test your knowledge, focus on our topic this week.		
Use Seneca to self-test, focus on our topic this week.		
Complete a past paper focussing on questions that relate to our chosen topic. Past paper questions can be located in your showbie folder. Use these papers to extend your answers.		

Week 3: w/c 10 March 2025

You MUST do	✓	RAG
Complete the showbie assignment extensions for this week's topic including making flashcards, mindmaps or other revision resources that work for your learning style.		
Use the AQA written exam content RAG sheet (from your showbie folder) to annotate which elements of this topic are a strength or require more revision.		

You SHOULD do	✓	RAG
Complete the section of the revision guide and workbook that links to this week's topic. The revision guide and workbook can be found in your showbie folder.		

You COULD do	✓	RAG
Use BBC Bitesize to test your knowledge, focus on our topic this week.		
Use Seneca to self-test, focus on our topic this week.		
Complete a past paper focussing on questions that relate to our chosen topic. Past paper questions can be located in your showbie folder. Use these papers to extend your answers.		

Week 4: w/c 17 March 2025

You MUST do	✓	RAG
Complete the showbie assignment extensions for this week's topic including making flashcards, mindmaps or other revision resources that work for your learning style.		
Use the AQA written exam content RAG sheet (from your showbie folder) to annotate which elements of this topic are a strength or require more revision.		

You SHOULD do	✓	RAG
Complete the section of the revision guide and workbook that links to this week's topic. The revision guide and workbook can be found in your showbie folder.		

You COULD do	✓	RAG
Use BBC Bitesize to test your knowledge, focus on our topic this week.		
Use Seneca to self-test, focus on our topic this week.		
Complete a past paper focussing on questions that relate to our chosen topic. Past paper questions can be located in your showbie folder. Use these papers to extend your answers.		

Week 5: w/c 24 March 2025

You MUST do	✓	RAG
Complete the showbie assignment extensions for this week's topic including making flashcards, mindmaps or other revision resources that work for your learning style.		
Use the AQA written exam content RAG sheet (from your showbie folder) to annotate which elements of this topic are a strength or require more revision.		

You SHOULD do	✓	RAG
Complete the section of the revision guide and workbook that links to this week's topic. The revision guide and workbook can be found in your showbie folder.		

You COULD do	✓	RAG
Use BBC Bitesize to test your knowledge, focus on our topic this week.		
Use Seneca to self-test, focus on our topic this week.		
Complete a past paper focussing on questions that relate to our chosen topic. Past paper questions can be located in your showbie folder. Use these papers to extend your answers.		

Week 6: w/c 31 March 2025

You MUST do	✓	RAG
Complete the showbie assignment extensions for this week's topic including making flashcards, mindmaps or other revision resources that work for your learning style.		
Use the AQA written exam content RAG sheet (from your showbie folder) to annotate which elements of this topic are a strength or require more revision.		

You SHOULD do	✓	RAG
Complete the section of the revision guide and workbook that links to this week's topic. The revision guide and workbook can be found in your showbie folder.		

You COULD do	✓	RAG
Use BBC Bitesize to test your knowledge, focus on our topic this week.		
Use Seneca to self-test, focus on our topic this week.		
Complete a past paper focussing on questions that relate to our chosen topic. Past paper questions can be located in your showbie folder. Use these papers to extend your answers.		

Week 7: w/c 7 April 2025 – EASTER BREAK week 1

You MUST do	✓	RAG
Complete the showbie assignment extensions for this week's topic including making flashcards, mindmaps or other revision resources that work for your learning style.		
Use the AQA written exam content RAG sheet (from your showbie folder) to annotate which elements of this topic are a strength or require more revision.		

You SHOULD do	✓	RAG
Complete the section of the revision guide and workbook that links to this week's topic. The revision guide and workbook can be found in your showbie folder.		

You COULD do	✓	RAG
Use BBC Bitesize to test your knowledge, focus on our topic this week.		
Use Seneca to self-test, focus on our topic this week.		
Complete a past paper focussing on questions that relate to our chosen topic. Past paper questions can be located in your showbie folder. Use these papers to extend your answers.		

Week 8: w/c 14 April 2025 – EASTER BREAK week 2

You MUST do	✓	RAG
Complete the showbie assignment extensions for this week's topic including making flashcards, mindmaps or other revision resources that work for your learning style.		
Use the AQA written exam content RAG sheet (from your showbie folder) to annotate which elements of this topic are a strength or require more revision.		

You SHOULD do	✓	RAG
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You COULD do	✓	RAG
Use BBC Bitesize to test your knowledge, focus on our topic this week.		
Use Seneca to self-test, focus on our topic this week.		
Complete a past paper focussing on questions that relate to our chosen topic. Past paper questions can be located in your showbie folder. Use these papers to extend your answers.		

Week 9: w/c 21 April 2025

You MUST do	✓	RAG
Complete the showbie assignment extensions for this week's topic including making flashcards, mindmaps or other revision resources that work for your learning style.		
Use the AQA written exam content RAG sheet (from your showbie folder) to annotate which elements of this topic are a strength or require more revision.		

You SHOULD do	✓	RAG
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You COULD do	✓	RAG
Use BBC Bitesize to test your knowledge, focus on our topic this week.		
Use Seneca to self-test, focus on our topic this week.		
Complete a past paper focussing on questions that relate to our chosen topic. Past paper questions can be located in your showbie folder. Use these papers to extend your answers.		

Week 10: w/c 28 April 2025

You MUST do	✓	RAG
Complete the showbie assignment extensions for this week's topic including making flashcards, mindmaps or other revision resources that work for your learning style.		
Use the AQA written exam content RAG sheet (from your showbie folder) to annotate which elements of this topic are a strength or require more revision.		

You SHOULD do	✓	RAG
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You COULD do	✓	RAG
Use BBC Bitesize to test your knowledge, focus on our topic this week.		
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Complete a past paper focussing on questions that relate to our chosen topic. Past paper questions can be located in your showbie folder. Use these papers to extend your answers.		

Week 11: w/c 5 May 2025

You MUST do	✓	RAG
Complete the showbie assignment extensions for this week's topic including making flashcards, mindmaps or other revision resources that work for your learning style.		
Use the AQA written exam content RAG sheet (from your showbie folder) to annotate which elements of this topic are a strength or require more revision.		

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You COULD do	✓	RAG
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