Year 10 BTEC Tech Award in Sport

Topics being taught	What you will be assessed on	How you can support at home

Autumn Term

Sport and physical activity

Provision, disability, medical conditions, health needs, barriers to participation.

- Test knowledge of definitions using key terms in Showbie.
- Test your child's knowledge of sporting provisions.

OCTOBER 1/2 TERM

Technology in sport

Warming up for physical activity

Types of technology in sport; its benefits and limitations
Warming up and its effect on the body

- Help your child find examples of technologies used in sport.
- Test your child's understanding of the benefits of warming up

CHRISTMAS

Spring Term

Preparation for Component 1 assessment

Ability to apply knowledge to a given scenario

- Recap and review notes on topics taught so far.
- Help your child to consider how prior learning can be applied to the context in the scenario.

FEBRUARY 1/2 TERM

Taking part and improving other participants' sporting performance.

Components of fitness: Endurance, strength, speed, power, reaction time, agility, balance, coordination.

- Test knowledge of definitions using key terms in Showbie.
- Direct your child towards the PPQs in Showbie

EASTER

Summer Term

Taking part and improving other participants' sporting performance.

Skill acquisition and types of practice. Officials, rules and regulations.

- Test knowledge of definitions using key terms in Showbie.
- Direct your child to the scaffolded materials (Showbie)

MAY 1/2 TERM

Taking part and improving other participants' sporting performance.

Developing skills and improving technique.

- Test knowledge of definitions using key terms in Showbie.
- Support you child as he/she prepares for the assessments.

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