

PE & Sport Extra-Curricular Timetable

Autumn 2024

Day	Start Time	End Time	Year	Activity	Facility
Monday	3.40pm	4.45pm	11	Netball squad (invite only)	Sports Hall
			10	Netball squad (invite only)	Sports Hall
			7	Netball	Courts
			7	Rugby	Fields
			8	Boys Football	Astro
			9	Boys Football	Fields
Tuesday	3.40pm	4.45pm	11,12,13	Basketball	Sports Hall
			10, 11	Rugby	Fields
			8,9	Girls Hockey	Astro
			All years	Table Tennis	Gym 1
Wednesday	2.45pm	4pm	9	Rugby	Fields
			8	Rugby	Fields
			8	Netball squad (invite only)	Courts/Sports Hall
			9	Netball squad (invite only)	Courts/Sports Hall
			7	Girls football	Astro
			7	Boys football	Fields/Astro
Thursday	3.40pm	4.45pm	7	Mixed Hockey	Astro
			8,9,10,11	Netball Rec	Courts
			All Years	Girls Rugby	Fields
			10,11	Gym/Cross-fit	Weights room/Gym 2
			8,9	Girls Football	Fields/Sports hall
Friday	7.30am	8.30am	9,10,11	Netball squad (invite only)	Sports Hall
	3.40pm	4.45pm	11,12,13	Basketball	Sports Hall

How to book on to a club

- All clubs can be booked via the Arbor Parent app
- Open the app, scroll to the bottom of the page, click on Clubs
- Select the club(s) you would like your child to attend and follow the onscreen instructions
- To access the Arbor step by step instructions, please [click here](#)

Remember, you can join at a club at any point in the term.

Everyone is welcome, all abilities and it does not matter if you have never played the sport, do come along to give a new sport a try.