

# YEAR 11 CURRICULUM OVERVIEW

## Key knowledge and understanding

## Subject Content

## How you can support at home

### Autumn Term

○ PSHE and RSE Education

Self concept  
Mental health and emotional wellbeing  
Health related decisions  
Drugs, alcohol and tobacco  
Managing risk and personal safety  
Sexual health and fertility  
Positive and respectful relationships  
Consent  
Bullying abuse and discrimination  
Social influences and media literacy

Healthy lifestyles, personal wellbeing and risky behaviour, the impact of our choices  
Self concept - managing our own values and how these can influence decisions, goals and behaviours  
Personal responsibility and safety in the wider world including staying safe online and managing influences such as the dark web, cyber-crime and gambling  
RSE - making informed choices, revisiting themes of consent, respectful and positive relationships, recognising abuse and coercion, legal rights and responsibilities, sexual health and how to access support  
Preparing for exam success - top tips for effective revision and continuing to develop Year 11 study skills

Discuss these topics at home

Be accurate, non-biased and balanced. Use reliable sources e.g. BBC bitesize, NHS and Public Health England websites

Enable your child to reflect on PSHE and RSE themes, to develop their own thoughts and ideas

Provide positive messages and support

### Spring Term

○ Careers and Economic Wellbeing Education

Career planning, developing self-awareness, career exploration and career management skills  
Preparation for the world of work in the 21st century  
Labour market information  
Choices and pathways  
Learning skills  
Employment rights and responsibilities  
Financial choices and economic wellbeing  
Digital resilience

Year 11 Post-16 Options - choices, pathways and support  
Apprenticeships and T-Levels - information about these qualifications, where you can study and how to study  
Post-16 applications - top tips for completing application forms, writing personal statements and preparing for interview success  
How can work experience and volunteering support future plans.  
Employment rights and responsibilities including health and safety  
Preparing to enter the work of work in the 21st century using Barclays Life Skills and Skills Builder

Offer advice and support with education and career decisions

Discuss topics covered at school

Support your child's research and career planning skills utilising websites suggested by HGS

Support your child to develop transferable and employability skills

### Summer Term

○ Citizenship and British Values Education

Knowledge, confidence and skills to make own decisions  
Take responsibility for own lives and communities  
Take an interest in the world around them as a local, national and global citizen  
Awareness of political, legal and economic functions of society  
Make positive contributions with the knowledge and experience needed to claim their rights and understand their responsibilities  
Appreciate British Values: democracy, rule of law, individual liberty, mutual respect and tolerance

Importance of being an active global citizen  
British Values - appreciating the importance and understanding what it means to be a citizen in a modern and diverse Britain  
Perseverance and procrastination - why do you need to develop the knowledge, confidence and skills to make your own decisions  
Living independently in the future and taking responsibility for your own life  
Preparing for success - revision and study skills plus top tips reminder

Discuss local, national and global events

Discuss the HGS weekly Votes for Schools topic at home . Encourage students to read news articles and watch the news

Vote in elections

Reflect modern day society and actively seek to address or challenge stereotypes

