

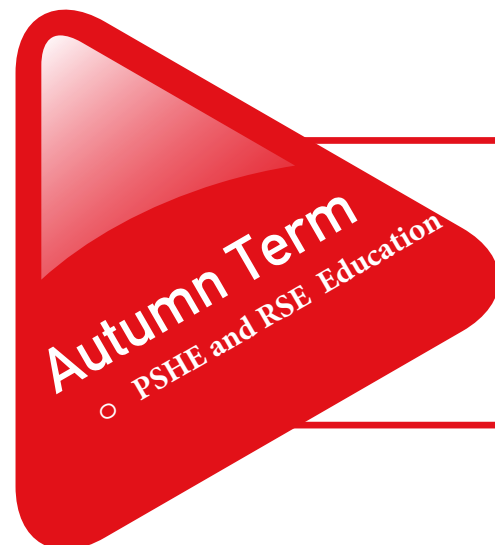
YEAR 10 CURRICULUM OVERVIEW

SUBJECT:BIG PICTURE.....

Key knowledge and understanding

Subject Content

How you can support at home



Self concept
Mental health and emotional wellbeing
Health related decisions
Drugs, alcohol and tobacco
Managing risk and personal safety
Sexual health and fertility
Positive and respectful relationships
Consent
Bullying abuse and discrimination
Social influences and media literacy

Time management, developing independence and strong skills
Lifestyle choices and taking increased personal responsibility for maintaining and monitoring health, including the importance of sleep
Emotional wellbeing and how to manage grief and anxiety, how to ask for support
Health and wellbeing, making informed choices
Internet safety including the dangers of excessive screen time and the influence of social media
How to positively manage conflict and changes in relationship

Discuss these topics at home

Be accurate, non-biased and balanced. Use reliable sources e.g. BBC bitesize, NHS and Public Health England websites

Enable your child to reflect on PSHE and RSE themes, to develop their own thoughts and ideas

Provide positive messages and support



Career planning, developing self-awareness, career exploration and career management skills
Preparation for the world of work in the 21st century
Labour market information
Choices and pathways
Learning skills
Employment rights and responsibilities
Financial choices and economic wellbeing
Digital resilience

Continue to develop your career planning and digital skills. Research pathways, careers and opportunities which suit your personality, ambitions and qualifications (including apprenticeships and T-Levels)
The world of work - what rights and responsibilities do we have in the workplace
Exploring new industries and 21st century careers.
Further developing employability skills using Skills Builder.
Economic wellbeing and using the Barclays Life Skills website to continue developing financial literacy, career identity and online presence

Offer advice and support with education and career decisions

Discuss topics covered at school

Support your child's research and career planning skills utilising websites suggested by HGS

Support your child to develop transferable and employability skills



Knowledge, confidence and skills to make own decisions
Take responsibility for own lives and communities
Take an interest in the world around them as a local, national and global citizen
Awareness of political, legal and economic functions of society
Make positive contributions with the knowledge and experience needed to claim their rights and understand their responsibilities
Appreciate British Values: democracy, rule of law, individual liberty, mutual respect and tolerance

Importance of being an active global citizen
British Values - why is community cohesion important and why do we still need to discuss the themes of tolerance, respect, prejudice and racism
Anti-social behaviour, how does it affect young people and communities and the consequences of gang or county lines activity and the criminal justice system
Media literacy and the impact of fake news
Harassment and stalking and how does the law protect us
Global citizenship - what is globalisation and how it impacts our lives, pollution, plastics and why we need to take responsibility

Discuss local, national and global events

Discuss the HGS weekly Votes for Schools topic at home . Encourage students to read news articles and watch the news

Vote in elections

Reflect modern day society and actively seek to address or challenge stereotypes

