## KS3 Year 9 CURRICULUM OVERVIEW



PICTURE

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SUBJECT

#### **TOPICS BEING TAUGHT**

### PSHE AND RSE EDUCATION

Self-Concept. Mental health and emotional wellbeing. Healthy Lifestyles. Drugs, alcohol and tobacco. Managing risk and personal safety. Sexual health and puberty. Positive and respectful relationships. Consent. Bullying, abuse and discrimination. Social Influence and media literacy.

#### **CAREERS & WELLBEING EDUCATION**

Career planning, developing self-awareness, career exploration and career management skills. Preparation for the world of work. Labour market information. Choices and pathways. Learning skills. Employment rights and responsibilities. Financial choices and economic wellbeing. Digital resilience.

#### CITIZENSHIP AND BRITISH VALUES EDUCATION

Knowledge, confidence and skills to make own decisions. Take responsibility for own lives and communities. Being a local, national and global citizen. Awareness of political, legal and economic functions of society. Making positive contributions. Understand their rights and responsibilities Appreciate British Values: democracy, rule of law,, individual liberty, mutual respect and tolerance.

#### WHAT YOU WILL BE ASSESSED ON

Consent, healthy and unhealthy relationships, peer pressure, domestic violence, abusive relationships, child sexual exploitation, FGM and the importance of similarities, differences and diversity. Manging personal risk and sexual health information including contraception and STIs. The risks and consequences of sexting and sharing personal information or images online. The influence of media on young people including body image, selfie-obsessions and how the media/social media portray relationships. Emotional wellbeing, how to manage anxiety and stress.

# Develop your career planning digital skills – research pathways, careers and opportunities (including apprenticeships and T Levels). Explore new industries and 21<sup>st</sup> century careers. Use Skills Builder to further develop skills. Explore a range of careers related websites.

Importance of being an active global citizen. British Values – why is community cohesion important, discuss the themes of tolerance, respect, prejudice and racism. Ant-social behaviour, how does it affect young people and communities and the consequences of gang or county lines activity and the criminal justice system. Media literacy and the impact of fake news. Harassment and stalking and how does the law protect us. Global Citizenship – what is globalisation and how it impacts our lives, pollution, plastics and why we need to take responsibility

#### HOW YOU CAN SUPPORT AT HOME

Discover these topics at home. Be accurate, non-biased and balanced. Use reliable sources e.g. BBC bitesize, NHS and Public Health England websites. Enable your child to reflect on PHSE and RSE themes to develop their own thoughts and ideas. Provide positive messaged and support.

Offer advice and support with education and career decisions. Discuss topics covered at school. Support your child's research and career planning utilising websites suggested by HGS. Support your child to develop transferable and employability skills.

Discuss local, national and global events.

Encourage students to read news articles and

watch the news.

Vote in elections.

Reflect modern day society and actively seek

to address or challenge stereotypes.















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