

# YEAR 9 CURRICULUM OVERVIEW

SUBJECT: .....BIG PICTURE.....

## Key knowledge and understanding

## Subject Content

## How you can support at home



Self concept  
Mental health and emotional wellbeing  
Healthy Lifestyles  
Drugs, alcohol and tobacco  
Managing risk and personal safety  
Puberty and sexual health  
Positive and respectful relationships  
Consent  
Bullying abuse and discrimination  
Social influences and media literacy

Consent, healthy and unhealthy relationships, peer pressure, domestic violence, abusive relationships, child sexual exploitation, FGM and the importance of similarities, differences and diversity  
Managing personal risk and sexual health information including contraception and STIs  
The risks and consequences of sexting and sharing personal information or images online  
The influence of media on young people including body image, selfie-obsessions and how the media/social media portray relationships  
Emotional wellbeing - how to manage anxiety and stress, how to accept support

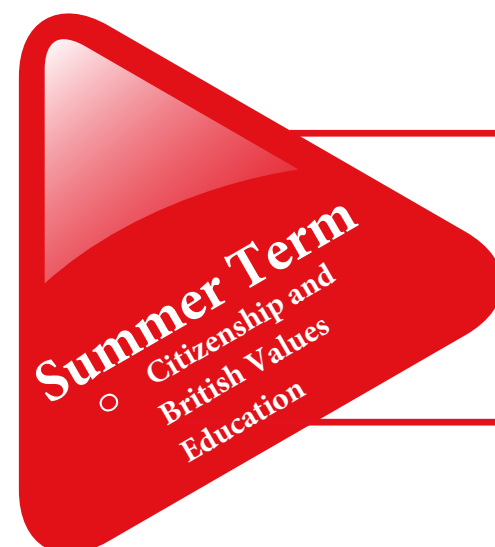
Discuss these topics at home  
Be accurate, non-biased and balanced. Use reliable sources e.g. BBC bitesize, NHS and Public Health England websites  
Enable your child to reflect on PSHE and RSE themes, to develop their own thoughts and ideas  
Provide positive messages and support



Career planning, developing self-awareness, career exploration and career management skills  
Preparation for the world of work in the 21st century  
Labour market information  
Choices and pathways  
Learning skills  
Employment rights and responsibilities  
Financial choices and economic wellbeing  
Digital resilience

Introduction to Year 9 careers programme and supporting GCSE choices  
Importance of developing a growth mindset to succeed and achieve  
Reflecting on employability, interpersonal, career research and management skills including Skills Builder.  
Exploring industries through Start Profile to further develop labour market information knowledge  
Develop financial capability skills and knowledge via NatWest MoneySense including how to keep your money secure, avoid fraud, scams and debt.

Offer advice and support with education and career decisions  
Discuss topics covered at school  
Support your child's research and career planning skills utilising websites suggested by HGS  
Support your child to develop transferable and employability skills



Knowledge, confidence and skills to make own decisions  
Take responsibility for own lives and communities  
Take an interest in the world around them as a local, national and global citizen  
Awareness of political, legal and economic functions of society  
Make positive contributions with the knowledge and experience needed to claim their rights and understand their responsibilities  
Appreciate British Values: democracy, rule of law, individual liberty, mutual respect and tolerance

Importance of being an active and global citizen  
The law and young people - rights and responsibilities, impact of crime on lives, criminal exploitation and hate crime Pressure groups and why they influence others  
Democracy, voter apathy and engaging young people in politics  
Human rights and human trafficking  
British Values and celebrating diversity  
Global citizenship  
- supporting others and the work of national/international charities  
- sustainability and its importance

Discuss local, national and global events  
Encourage students to read news articles and watch the news  
Vote in elections  
Reflect modern day society and actively seek to address or challenge stereotypes

