

YEAR 7 CURRICULUM OVERVIEW

SUBJECT:BIG PICTURE.....

Key knowledge and understanding

Subject Content

How you can support at home



Self concept
Mental health and emotional wellbeing
Healthy Lifestyles
Drugs, alcohol and tobacco
Managing risk and personal safety
Puberty and sexual health
Positive and respectful relationships
Consent
Bullying abuse and discrimination
Social influences and media literacy

Transition from Year 6 to 7
Characteristics of positive and healthy friendships and relationships including bullying
Internet safety, influence of social media and how to stay safe online
Emotional wellbeing and mental health
Managing our behaviour and emotions, developing strategies to build self esteem and confidence

Discover these topics at home

Be accurate, non-biased and balanced. Use reliable sources e.g. BBC bitesize, NHS and Public Health England websites

Enable your child to reflect on PSHE and RSE themes, to develop their own thoughts and ideas

Provide positive messages and support



Career planning, developing self-awareness, career exploration and career management skills
Preparation for the world of work in the 21st century
Labour market information
Choices and pathways
Learning skills
Employment rights and responsibilities
Financial choices and economic wellbeing
Digital resilience

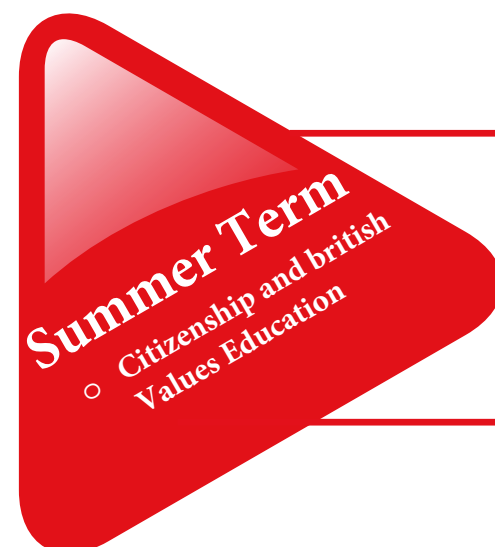
Introduction and how to use careers program to develop career planning skills
Being an aspirational and resilient student
Developing employability skills for the world of work, including jobs of the future using Skills Builder
Introduction to CVs, applications and interviews
Introduction to the NatWest MoneySense website

Offer advice and support with education and career decisions

Discuss topics covered at school

Support your child's research and career planning skills utilising websites suggested by HGS

Support your child to develop transferable and employability skills



Knowledge, confidence and skills to make own decisions
Take responsibility for own lives and communities
Take an interest in the world around them as a local, national and global citizen
Awareness of political, legal and economic functions of society
Make positive contributions with the knowledge and experience needed to claim their rights and understand their responsibilities
Appreciate British Values: democracy, rule of law, individual liberty, mutual respect and tolerance

Global citizenship and caring for our planet
What is personal identity and why we talk about diversity, stereotyping, racism, prejudice, radicalisation and extremism
Why we need to know how to vote
Choices and consequences, including breaking the law and criminal records
Breaking the stigma about disabilities and equality
Homelessness and the importance of thinking about others in the community
First aid, CPR and evaluating risk

Discuss local, national and global events

Encourage students to read news articles and watch the news

Vote in elections

Reflect modern day society and actively seek to address or challenge stereotypes

