

# YEAR 8 CURRICULUM OVERVIEW

SUBJECT: .....BIG PICTURE.....

## Key knowledge and understanding

## Subject Content

## How you can support at home



Self concept  
Mental health and emotional wellbeing  
Healthy Lifestyles  
Drugs, alcohol and tobacco  
Managing risk and personal safety  
Puberty and sexual health  
Positive and respectful relationships  
Consent  
Bullying abuse and discrimination  
Social influences and media literacy

Developing a growth mindset, emotional literacy and positive mental health  
The influence of the media, internet safety, grooming and cyber crime  
Respectful relationships, personal values and consent  
Risky behaviour including facts and risks associated with alcohol, drugs, energy drinks, smoking and vaping  
Criminal exploitation including county lines, drug operations and the law  
Healthy lifestyles and cancer awareness

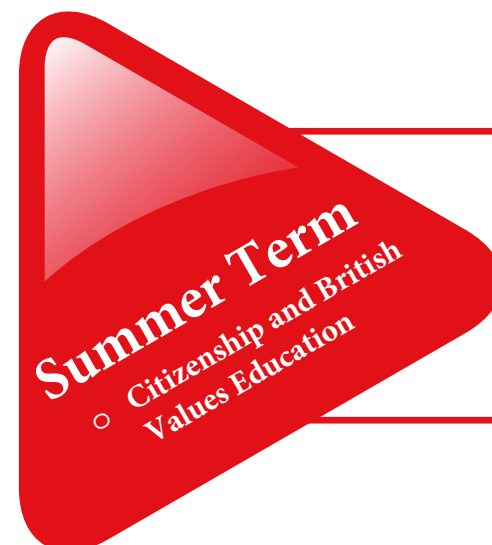
Discuss these topics at home  
Be accurate, non-biased and balanced. Use reliable sources e.g. BBC bitesize, NHS and Public Health England websites  
Enable your child to reflect on PSHE and RSE themes, to develop their own thoughts and ideas  
Provide positive messages and support



Career planning, developing self-awareness, career exploration and career management skills  
Preparation for the world of work in the 21st century  
Labour market information  
Choices and pathways  
Learning skills  
Employment rights and responsibilities  
Financial choices and economic wellbeing  
Digital resilience

Continue to develop career planning skills  
Exploring pathways e.g. GCSE, Post-16, Post-18.  
Develop employability and oracy skills using Skills Builder.  
Skills of an entrepreneur and importance of resilience and aspirations  
Explore industries through Start Profile to develop labour market information knowledge and awareness  
Controlling your personal finances using NatWest MoneySense website

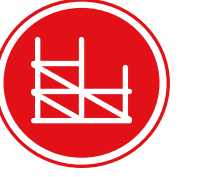
Offer advice and support with education and career decisions  
Discuss topics covered at school  
Support your child's research and career planning skills utilising websites suggested by HGS  
Support your child to develop transferable and employability skills



Knowledge, confidence and skills to make own decisions  
Take responsibility for own lives and communities  
Take an interest in the world around them as a local, national and global citizen  
Awareness of political, legal and economic functions of society  
Make positive contributions with the knowledge and experience needed to claim their rights and understand their responsibilities  
Appreciate British Values: democracy, rule of law, individual liberty, mutual respect and tolerance

Importance of being an active and global citizen  
Rights and responsibilities as you grow up and establish your identity  
Discrimination and stereotyping  
Pressure groups and why they influence others  
Refugees and migration - celebrating community  
Safe relationships, domestic conflict and accessing support  
Disabilities, equality, respect and how everyone is unique

Discuss local, national and global events  
Encourage students to read news articles and watch the news  
Vote in elections  
Reflect modern day society and actively seek to address or challenge stereotypes



HARROGATE GRAMMAR SCHOOL  
EXCELLENCE FOR ALL