

KS3 YEAR 8 CURRICULUM OVERVIEW

SUBJECT: BIG PICTURE

AUTUMN TERM & SPRING 1

TOPICS BEING TAUGHT

PSHE AND RSE EDUCATION

Self-Concept.
Mental health and emotional wellbeing.
Healthy Lifestyles.
Drugs, alcohol and tobacco.
Managing risk and personal safety.
Sexual health and puberty.
Positive and respectful relationships.
Consent.
Bullying, abuse and discrimination.
Social Influence and media literacy.

WHAT YOU WILL BE ASSESSED ON

Developing a growth mindset, emotional literacy and positive mental health.
The influence of the media, internet safety, grooming and cybercrime.
Respectful relationships, personal values and consent.
Risky behaviour including facts and risks associated with alcohol, drugs, energy drinks, smoking and vaping.
Criminal exploitation including county lines, drug operations and the law.
Healthy lifestyles and cancer awareness.

HOW YOU CAN SUPPORT AT HOME

Discover these topics at home.
Be accurate, non-biased and balanced.
Use reliable sources e.g. BBC bitesize, NHS and Public Health England websites.
Enable your child to reflect on PHSE and RSE themes to develop their own thoughts and ideas.
Provide positive messages and support.

SPRING TERM

CAREERS & WELLBEING EDUCATION

Career planning, developing self-awareness, career exploration and career management skills.
Preparation for the world of work.
Labour market information.
Choices and pathways.
Learning skills.
Employment rights and responsibilities.
Financial choices and economic wellbeing.
Digital resilience.

Develop your career planning digital skills. Exploring pathways e.g. GCSE, Post-16, Post-18.
Develop employability and oracy skills using Skills Builder.
Skills of an entrepreneur and importance of resilience and aspirations.
Explore industries through Start Profile to develop labour market information knowledge and awareness.
Explore a range of careers related websites.

Offer advice and support with education and career decisions.
Discuss topics covered at school.
Support your child's research and career planning utilising websites suggested by HGS.
Support your child to develop transferable and employability skills.

SUMMER TERM

CITIZENSHIP AND BRITISH VALUES EDUCATION

Knowledge, confidence and skills to make own decisions.
Take responsibility for own lives and communities.
Being a local, national and global citizen.
Awareness of political, legal and economic functions of society.
Making positive contributions. Understand their rights and responsibilities
Appreciate British Values: democracy, rule of law,, individual liberty, mutual respect and tolerance.

Importance of being an active global citizen.
Rights and responsibilities as you grow up and establish your identity.
Discrimination and stereotyping.
Pressure groups and why they influence others.
Refugees and migration – celebrating community.
Safe relationships, domestic conflict and accessing support.
Disabilities, equality, respect and everyone is unique.

Discuss local, national and global events.
Encourage students to read news articles and watch the news.
Vote in elections.
Reflect modern day society and actively seek to address or challenge stereotypes.

