# Year 12 BTEC Sport

| | Topics being taught | What you will be assessed on | How you can support at home |
|---|---|---|---|
| Autumn Term | Unit 1 – Anatomy and Physiology | Skeletal and respiratory systems | Test knowledge of definitions using key terms in Showbie.<br>Test your child's ability to analyse named sporting actions. |
| | OCTOBER 1/2 TERM | | |
| | Unit 1 – Anatomy and Physiology | Muscular and cardiovascular systems | Test knowledge of definitions using key terms in Showbie.<br>Test your child's ability to apply knowledge to sporting examples. |
| | CHRISTMAS | | |
| Spring Term | Unit 1 & Unit 3 (Professional development in the sports industry) | Energy systems<br>Learning Aim A: Career opportunities in Sport | Test on short and long term effects of exercise each system<br>Support and encourage wider research |
| | FEBRUARY 1/2 TERM | | |
| | Unit 1 & Unit 3 (Professional development in the sports industry) | Learning Aim B: Skills audit and career development | Discuss how the body's systems interrelate during physical activity<br>Support personal reflection on skills and career development |
| | EASTER | | |
| Summer Term | Unit 1 & Unit 3 (Professional development in the sports industry) | Learning Aim C: Recruitment and career pathways | Support with exam revision<br>Roleplay and film a professional interview process |
| | MAY 1/2 TERM | | |
| | Unit 1 & Unit 3 (Professional development in the sports industry) | Learning Aim D: Reflecting on the recruitment process | Support with exam revision<br>Support personal reflection on the recruitment process |

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